

# Pomace Olive Oil for Cosmetic Uses



**Pomace olive oil** is derived from **olive fruit**.

It is a natural **vegetable oil** mainly contained in the solid parts of the fruit (kernel, almond and cake from the previous olive oil pressing).

Original from the Mediterranean area and broadly used in cosmetic and personal care products.

Specific **fatty acid** distribution with high contents in **oleic acid** (about 75%) and low **linoleic** and **linolenic acids** (about 9% and 1%). Very similar profile to olive oil.

Excellent skin care properties such as smoothness and lubricant effects.

Excellent emollient properties that produce a high moisturizing effect on the upper layer of the skin and reduce scar appearance giving flexibility.

Pomace oil has a disinfecting, cleansing effect on the skin and is used to make many skin care or hair care products.

It is also used as a **base essential oil** in producing mild and creamy olive oil soap due to its easy saponification.

Helps to strengthen nails and soften cuticles.

It is also an ingredient in some hair conditioners.

Can be directly applied to the skin after first diluting and it is suitable for treating dry skin, wounds and various types of skin inflammations. The recommended dosage is between 3 and 10%.

It is also known to slow down the skin aging process and as anti-wrinkles.

## **Pomace Olive Oil for Skin**

Using pomace oil as massaging oil can give you a healthy and smooth skin. Pomace olive oil is used in several massages as a substitute for extra virgin olive oil as it contains almost similar composition but is a lot cheaper. Pomace olive oil is especially helpful, if you have a dry skin. It helps to nourish and treat the dry skin more effectively. Using a little bit of pomace olive oil during your bath can help rejuvenate your skin.

## **Pomace Olive Oil for Hair**

Pomace olive oil can also be used to treat hair loss and dry scalp. The best way of using olive oil is to heat it a little and directly apply it to the scalp. This will nourish the damaged scalp and reduce hair fall. Offering a natural shine, it treats hair loss. You can even add pomace olive oil to your conditioner. Adding olive oil to your conditioner will help to increase its goodness and will act as a booster for the dry scalp.